



EXERCISE BOOKLET

*To be used alongside regular lesson material

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QUAVER / EIGHTH NOTE GROOVES

BACKBONE DRUM SCHOOL

1

Musical notation for groove 1: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

2

Musical notation for groove 2: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

3

Musical notation for groove 3: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

4

Musical notation for groove 4: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

5

Musical notation for groove 5: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

6

Musical notation for groove 6: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

7

Musical notation for groove 7: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

8

Musical notation for groove 8: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

9

Musical notation for groove 9: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

10

Musical notation for groove 10: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

11

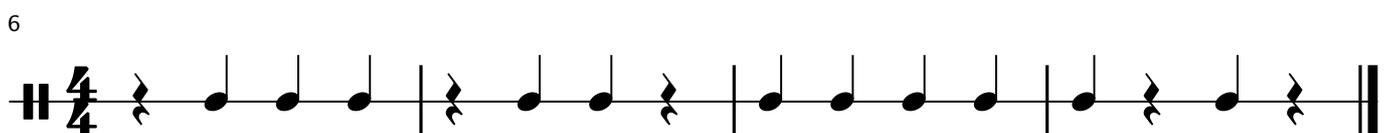
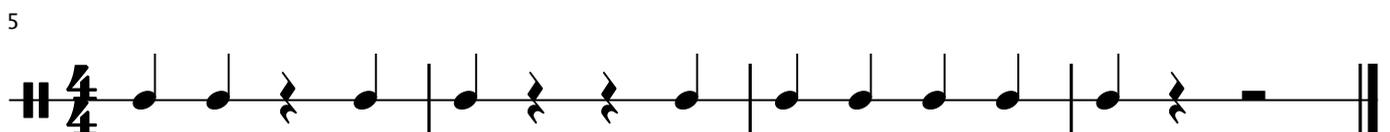
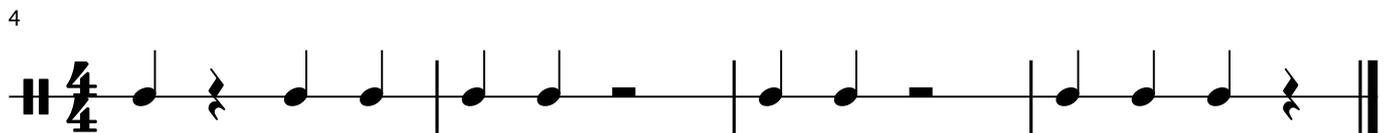
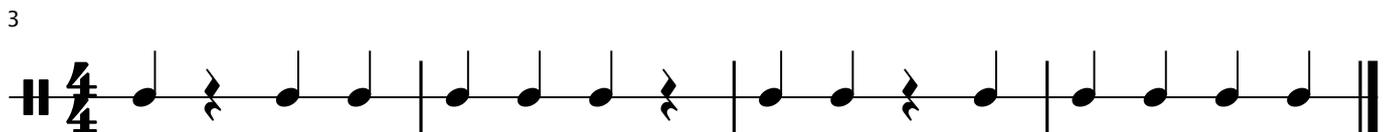
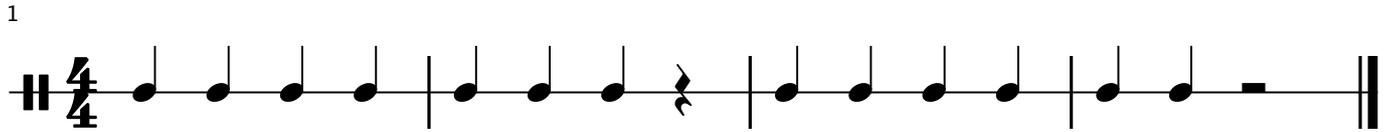
Musical notation for groove 11: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

12

Musical notation for groove 12: A single eighth note followed by a pair of beamed eighth notes, with a bracket above the pair containing six 'x' marks.

CROTCHET / QUARTER NOTE READING EXERCISES

BACKBONE DRUM SCHOOL



CROTCHET / QUARTER NOTE GROOVES

BACKBONE DRUM SCHOOL

1

2

3

4

5

6

7

8

9

10

11

12

QUAVER / EIGHTH NOTE READING EXERCISES

BACKBONE DRUM SCHOOL

1

4/4

2

4/4

3

4/4

4

4/4

5

4/4

6

4/4

QUAVER / EIGHTH NOTE FILLS

BACKBONE DRUM SCHOOL

1

1 + 2 + 3 + 4 +

2

3

4

5

6

SNARE SOLO 1

BACKBONE DRUM SCHOOL

CONCEPTS

Crotchets

Quavers

Crotchet Rests

RUDIMENTS

Single Strokes

Double Strokes

1 2

3 4

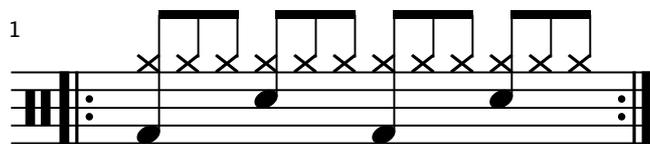
5 6

7 8

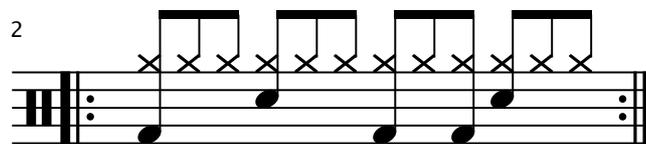
12/8 GROOVES

BACKBONE DRUM SCHOOL

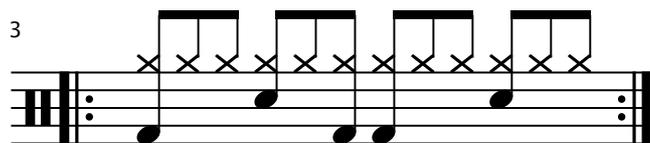
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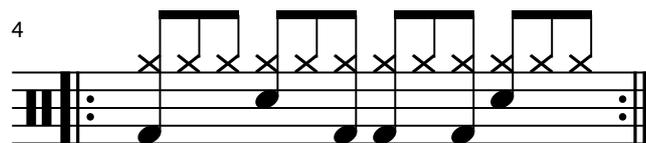
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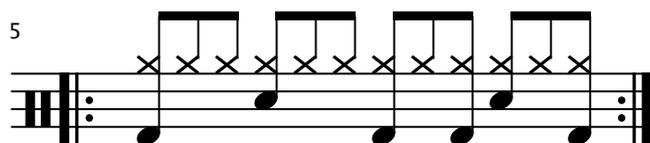
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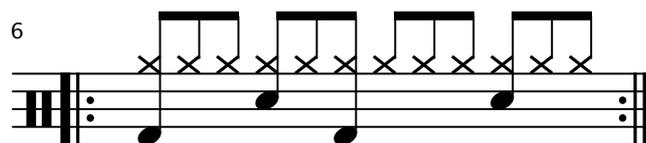
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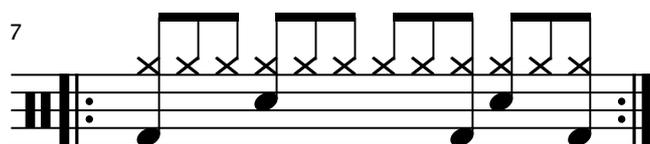
5



6



7



8



9



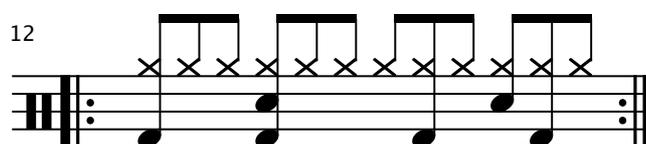
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11



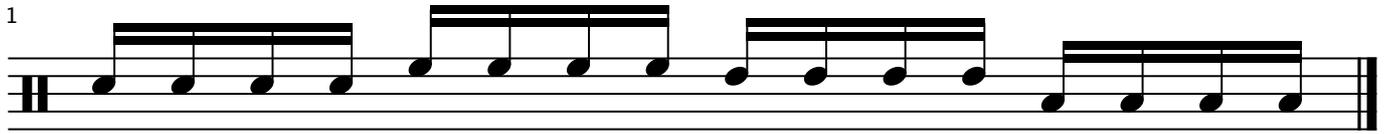
12



SEMIQUAVER / SIXTEENTH NOTE FILLS

BACKBONE DRUM SCHOOL

1 e + a 2 e + a 3 e + a 4 e + a

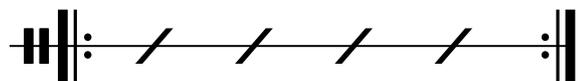


SNARE SOLO 2

BACKBONE DRUM SCHOOL

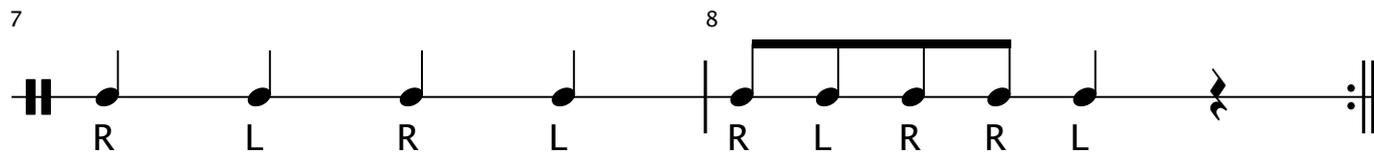
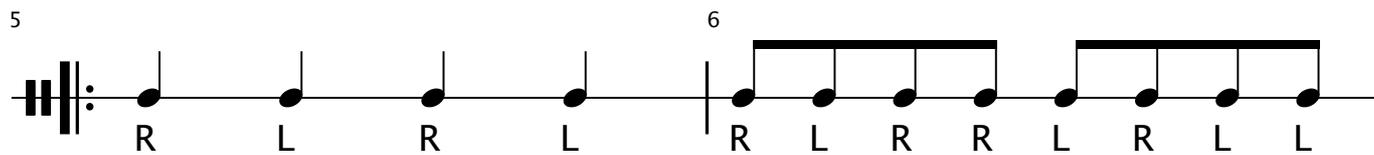
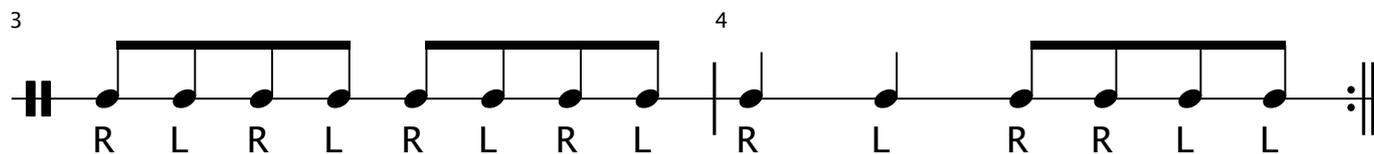
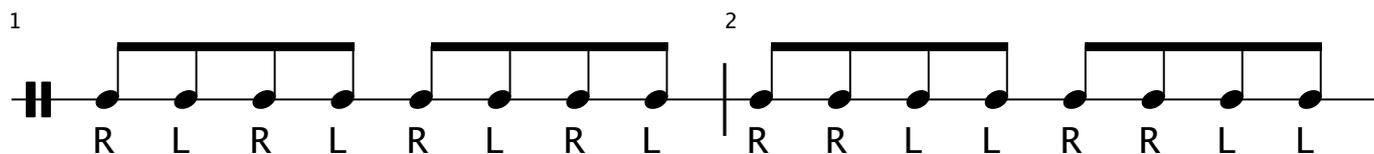
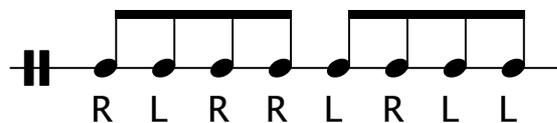
CONCEPTS

Repeats



RUDIMENTS

Single Paradiddle



SEMIQUAVER / SIXTEENTH NOTE GROOVES

(Single-Handed)

BACKBONE DRUM SCHOOL

1

2

3

4

5

6

7

8

9

10

11

12

SEMIQUAVER / SIXTEENTH NOTE READING EXERCISES

BACKBONE DRUM SCHOOL

1

4/4

2

4/4

3

4/4

4

4/4

5

4/4

6

4/4

SEMIQUAVER / SIXTEENTH NOTE GROOVES

(Open-Handed)

BACKBONE DRUM SCHOOL

1

2

3

4

5

6

7

8

9

10

11

12

SNARE SOLO 3

BACKBONE DRUM SCHOOL

CONCEPTS

Accents

RUDIMENTS

Flams

1

3

4

5

6

7

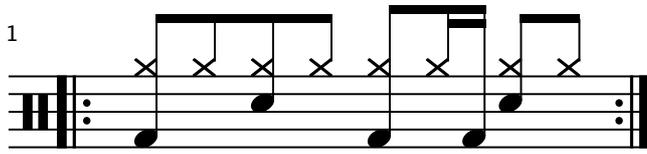
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QUAVER / EIGHTH NOTE GROOVES

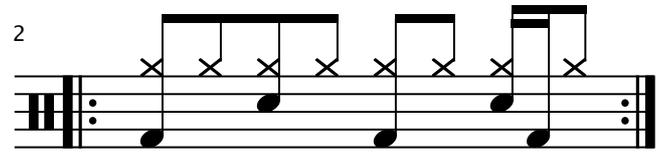
(Semiquaver / Sixteenth Note Variations)

BACKBONE DRUM SCHOOL

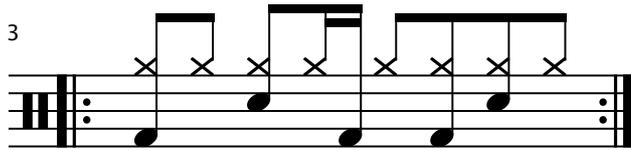
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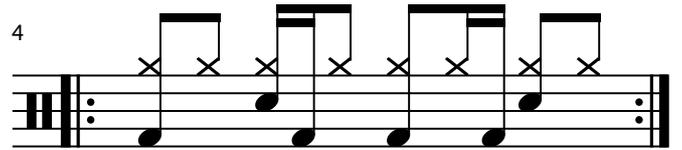
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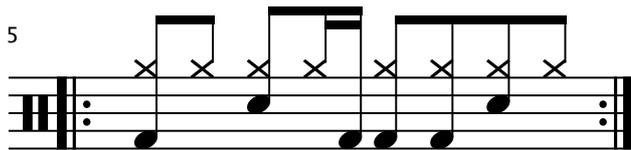
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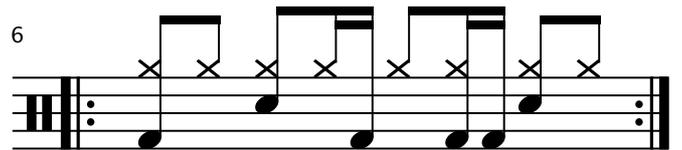
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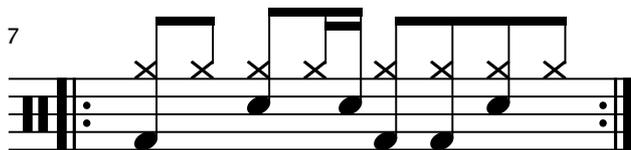
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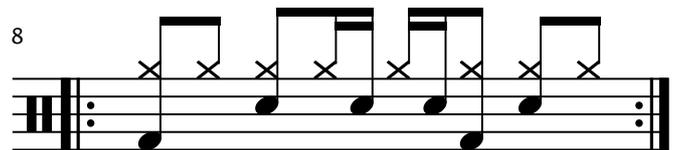
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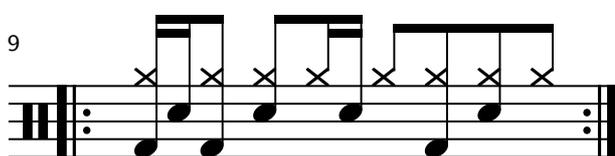
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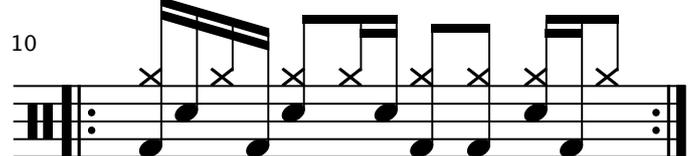
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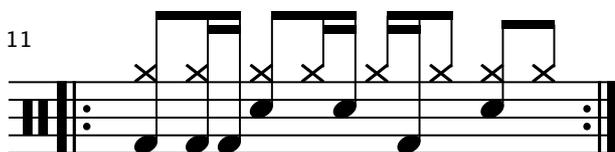
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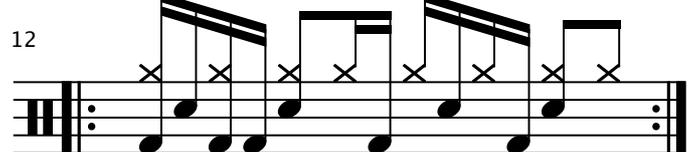
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11



12

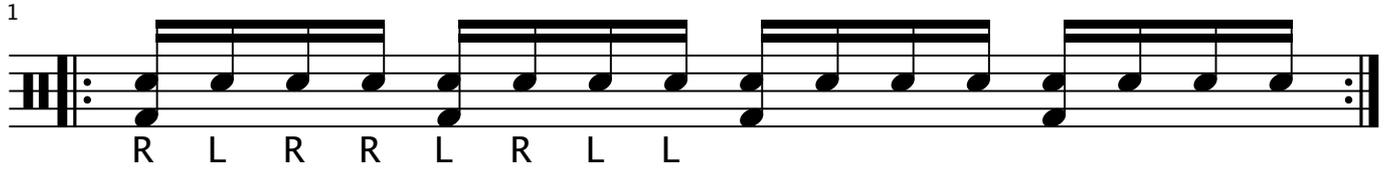


PARADIDDLE INDEPENDENCE EXERCISE

BACKBONE DRUM SCHOOL

Paradiddle: RLRR LRL

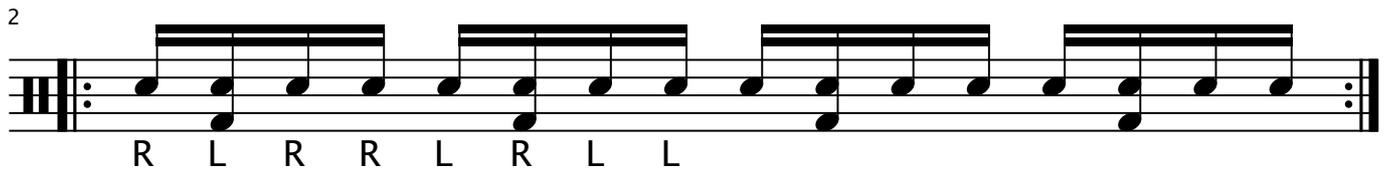
1



R L R R L R L L

Detailed description: This musical notation shows a four-measure exercise on a single staff. The first measure contains a paradiddle pattern (RLRR) with a double bar line above it. The second measure contains a paradiddle pattern (LRL) with a double bar line above it. The third and fourth measures each contain a paradiddle pattern (RLRR) with a double bar line above them. The rhythm is quarter notes. The exercise is marked with a '1' at the beginning and ends with a double bar line.

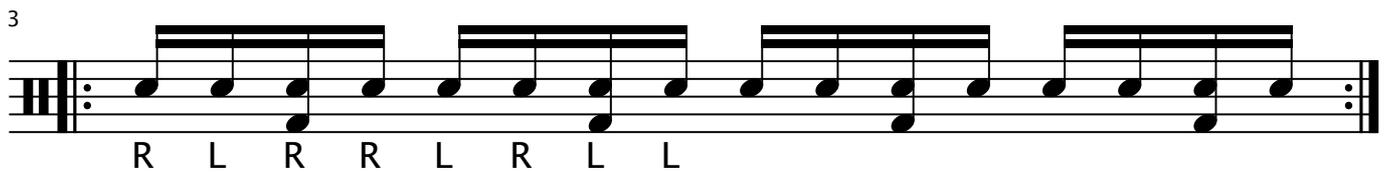
2



R L R R L R L L

Detailed description: This musical notation shows a four-measure exercise on a single staff. The first measure contains a paradiddle pattern (RLRR) with a double bar line above it. The second measure contains a paradiddle pattern (LRL) with a double bar line above it. The third and fourth measures each contain a paradiddle pattern (RLRR) with a double bar line above them. The rhythm is quarter notes. The exercise is marked with a '2' at the beginning and ends with a double bar line.

3



R L R R L R L L

Detailed description: This musical notation shows a four-measure exercise on a single staff. The first measure contains a paradiddle pattern (RLRR) with a double bar line above it. The second measure contains a paradiddle pattern (LRL) with a double bar line above it. The third and fourth measures each contain a paradiddle pattern (RLRR) with a double bar line above them. The rhythm is quarter notes. The exercise is marked with a '3' at the beginning and ends with a double bar line.

4



R L R R L R L L

Detailed description: This musical notation shows a four-measure exercise on a single staff. The first measure contains a paradiddle pattern (RLRR) with a double bar line above it. The second measure contains a paradiddle pattern (LRL) with a double bar line above it. The third and fourth measures each contain a paradiddle pattern (RLRR) with a double bar line above them. The rhythm is quarter notes. The exercise is marked with a '4' at the beginning and ends with a double bar line.

SHUFFLE GROOVES

BACKBONE DRUM SCHOOL

1

2

3

4

5

6

7

8

9

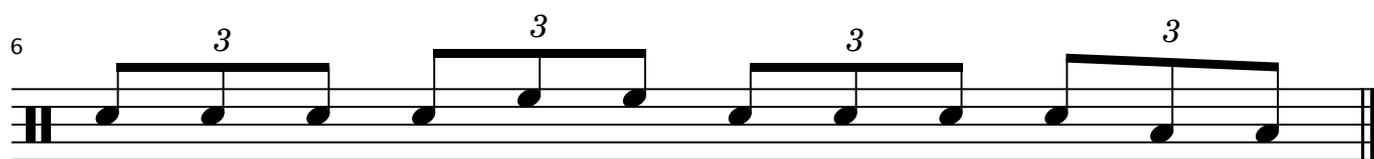
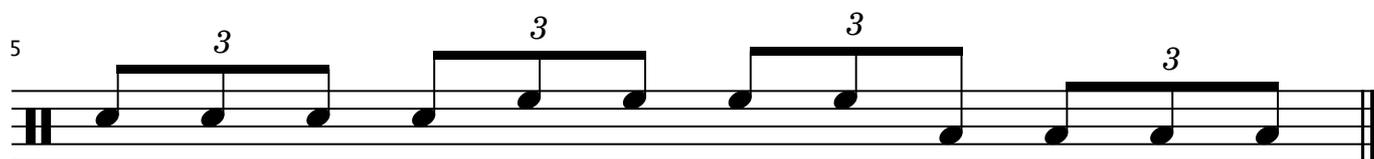
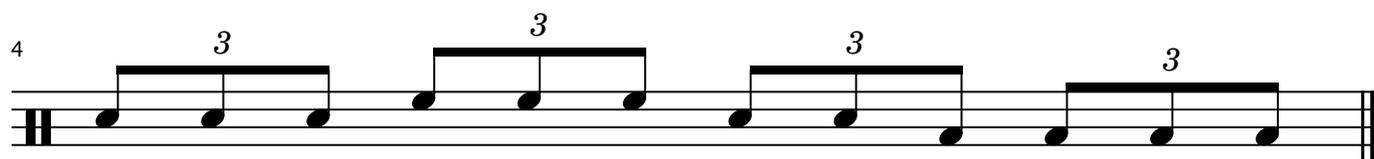
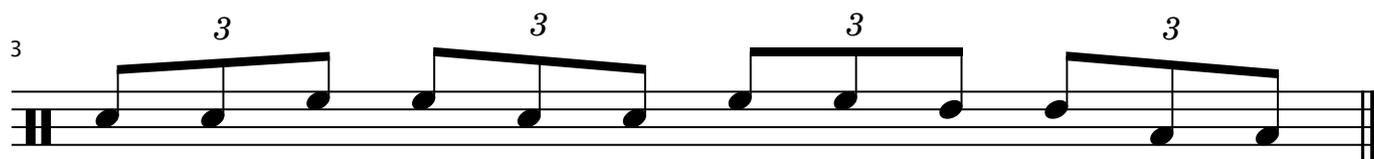
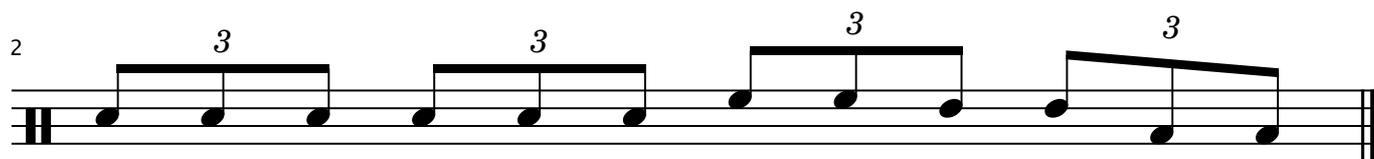
10

11

12

TRIPLET FILLS

BACKBONE DRUM SCHOOL



6 STROKE ROLL EXERCISE

BACKBONE DRUM SCHOOL

1

R L L R R L

2

R L R R L L

3

R R L L R L

4

R R L R L L